



## 0-5 YEARS DROP-IN CLINIC - LUDLOW

19<sup>th</sup> May

16<sup>th</sup> June

21<sup>st</sup> July

18<sup>th</sup> August

9:30 - 12:00pm

**Helena Lance Community Centre, 20 Hamlet Rd, Ludlow, SY8 2NP (Community/Family Hub)**

Come along to our drop-in clinic for health advice, information and support for you and your baby/child. No appointment needed.

**- EMOTIONAL HEALTH & WELLBEING**

**- GROWTH/WEIGHT REVIEW & HEALTH ADVICE**

**- INFANT FEEDING & WEANING SUPPORT**

**- DEVELOPMENT, BEHAVIOUR & SLEEP SUPPORT**



**NHS**

**Shropshire Community Health**  
NHS Trust



**Shropshire Together**  
Community and  
Family Hubs



**Call: 0333 3583654**

**Text: 07520 635212**