



#### Introduction

This guidance can be used by professionals when discussing or recording information about the exploitation of adults at risk, including when escalating intelligence and delivering training.

It is imperative that appropriate terminology is used when discussing adults who have been exploited, or are at risk of exploitation. Language implying that the adult is complicit or responsible for the abuse or exploitation that has happened or may happen to them, must be avoided.

Language should reflect the presence of coercion and the lack of control people have in abusive or exploitative situations, and must recognise the severity of the impact exploitation has on the person.

Victim-blaming language may reinforce messages from perpetrators around shame and guilt. This in turn may prevent the person from disclosing their abuse, through fear of being blamed by professionals. When victim-blaming language is used amongst professionals, there is a risk of normalising and minimising the person's experience, resulting in a lack of appropriate response.

Professionals must also be aware that any recording will be subject to Third Party Disclosure should there be any criminal court case. Inappropriate use of language can have serious consequences within a criminal court context, and may impact upon convictions.

#### **Definitions**

- Adult at Risk is defined as someone who is:
  - Aged 18 or over and;
  - Has needs for care and support (whether or not those needs are being met); and
  - Is experiencing, or is at risk of abuse or neglect; and
  - As a result of those needs is unable to protect him or herself against the abuse or neglect or the risk of it (Care Act, 2014)

# Reporting a concern taking place in Newcastle

If you are concerned about an adult at risk please report your concerns via existing safeguarding reporting pathways

- Community Health and Social Care Direct (8am 5pm) 0191 278 8377
- Outside of these hours call 0191 278 7878
- In an emergency always dial 999

The following table outlines terms that should not be used when discussing or recording issues of the exploitation and abuse of adults and includes a list of suggested appropriate alternative phrases.

## **Inappropriate Term**

- ☑ "Putting themselves at risk"
- ☑ "involved in risk taking behaviours"

This implies that the adult is responsible for the risks presented by the perpetrator(s) and that they are able to make free and informed choices.

☑ "Despite the risk s/he continues to return to the location..."

This implies that the adult is responsible for any exploitation they experience in a location. It does not recognise abusive or exploitative context or their right to be in the location without experiencing harm

## **Suggested Alternatives**

- "The adult is at an increased vulnerability of being abused and/or exploited"
- "The adult is not in a protective environment"

- "The location/situation could increase a perpetrator's opportunity to abuse them"
- "It is unclear whether the adult is under duress"
- "There are concerns that the adult may be being sexually abused and/or exploited"
- "There are concerns regarding other influences on the adult"

# **Inappropriate Term**

This implies consensual sexual activity has taken place. If it occurs within an abusive or exploitative context this term is not appropriate. Adults may have temporarily been unable to consent due to intoxication and/or may lack capacity to consent to sex due to some other reason

- "The adult has described sexual activity, however concerns exist that they may have been groomed and/ or coerced"
- "There are concerns the adult may have been unable to consent (consider MCA assessment)

The following table outlines terms that should not be used when discussing or recording issues of the exploitation and abuse of adults and includes a list of suggested appropriate alternative phrases.

#### **Inappropriate Term**

☑ "Sexually active since... "

When referring to the adult as a child in the context of non-recent reports of abuse, a child cannot consent to sex and is therefore being abused. This should be reflected in the language used.

#### **Suggested Alternatives**

- "The adult has reported that they have been raped"
- "Concerns exist that the adult may have been coerced, exploited, or sexually abused"

#### **Inappropriate Term**

☑ "Has been contacting/seeking relationships with people of concern via social media/online"

This implies that the adult is responsible for the communication and does not reflect the abusive or exploitative context. Need to consider MCA assessment re use of social media.

# **Suggested Alternatives**

- "People of concern may have been contacting/ targeting the adult"
- "The adult may have been groomed/targeted via social media"
- "There are concerns that the adult is facilitating communication with the adult"
- "The adult is vulnerable to online perpetrators"
- "There are concerns that others may be using online technology to access or abuse the adult"

# **Inappropriate Term**

"Offering him/her drugs seemingly in return for sex"

This implies that the adult is responsible for the abuse and has the capacity to make a free and informed choice. It does not recognise the abusive or exploitative context.

- "There are concerns that the adult has been raped"
- "Perpetrators are sexually abusing the adult"
- "The adult's vulnerability regarding drug and or alcohol use is being used by others to abuse them"
- "The perpetrators have a hold over the adult by the fact that they have a drug dependency"

The following table outlines terms that should not be used when discussing or recording issues of the exploitation and abuse of adults, and includes a list of suggested appropriate alternative phrases.

#### **Inappropriate Term**

This implies that the adult is in a positive, consensual relationship and does not reflect the abusive or exploitative context.

### **Inappropriate Term**

"Promiscuous"

This implies consensual sexual activity has taken place.
Promiscuous is a judgemental term which stereotypes and labels people. It isn't appropriate in any context.

#### **Inappropriate Term**

"Prostituting themselves or selling themselves"

This implies that the adult is responsible for the abuse and has the capacity to make a free and informed choice. It does not recognise the abusive or exploitative context.

## **Suggested Alternatives**

- "The adult says that they are in a relationship with a person and there are concerns about that person's age, the imbalance of power, exploitation and/or offending"
- "The adult has been/is being groomed, exploited and/or controlled and coerced"

### **Suggested Alternatives**

- "The adult is vulnerable to being sexually exploited"
- "There are concerns that the adult is being sexually exploited"

- "The adult is vulnerable to being sexually exploited"
- "There are concerns that the adult is being sexually exploited"

The following table outlines terms that should not be used when discussing or recording issues of the exploitation and abuse of adults and includes a list of suggested appropriate alternative phrases.

#### **Inappropriate Term**

☑ "Drug running – He/she is drug running or is recruiting others to deal drugs"

This implies that the adult is responsible for the exploitation and has the capacity to make a free and informed choice. It does not recognise the abusive or exploitative context.

# **Suggested Alternatives**

- "There are concerns that the adult is being trafficked for the purpose of criminal exploitation"

#### **Inappropriate Term**

☑ "He/she is choosing this lifestyle or is making a lifestyle choice"

This implies that the adult is responsible for the exploitation and has the capacity to make a free and informed choice. It does not recognise the abusive or exploitative context.

# **Suggested Alternatives**

## **Inappropriate Term**

This implies that the adult is responsible for the exploitation and has the capacity to make a free and informed choice. It does not recognise the abusive or exploitative context.

- "The adult says that they are friends with a person and there are concerns about that person's age, the imbalance of power, exploitation and/or offending"
- "There are concerns that the adult has been groomed, exploited and/or coerced and controlled"

The following table outlines terms that should not be used when discussing or recording issues of adult sexual exploitation, and includes a list of suggested appropriate alternative phrases.

## **Inappropriate Term**

"Offering him/her drugs seemingly in exchange for sex

This implies that the adult is responsible for the exploitation and has the capacity to make a free and informed choice. It does not recognise the abusive or exploitative context.

## **Suggested Alternatives**

- "The adult is being sexually/criminally exploited"
- "The adult is being criminally exploited through drug debt"
- "There are concerns that the adult has been raped as they do not have the freedom or capacity to consent"

- "The adult's vulnerability regarding drug use is being used by others to abuse them"
- "The perpetrators have a hold over the adult by the fact that the adult has a drug dependency"

## **Inappropriate Term**

- ☑ "Would not cooperate with..."
- ☑ "tells lies, Would not cooperate with…"

Fabricates, exaggerates

Has a history of making false allegations

Not compliant or not engaging

# **Suggested Alternatives**

- "The adult is being criminally/sexually exploited and/or groomed and feels unable to disclose and or engage
- "The adult considers the relationship to be consensual however the relationship has been formed

# **Inappropriate Term**

Where there are concerns that an adult is not where they normally expected to be and there are concerns they may be at risk

- "The adult does not feel able to stay at their current location"

The following table outlines terms that should not be used when discussing or recording issues of adult sexual exploitation, and includes a list of suggested appropriate alternative phrases.

### **Inappropriate Term**

# **Suggested Alternatives**

Allows people to use their property for criminal activity

This implies that the adult is responsible for the exploitation and has the capacity to make a free and informed choice. It does not recognise the abusive or exploitative context or powerful

- "There are concerns that there is a power imbalance and powerful grooming forcing or compelling the adult to act in this way"
- "There are concerns regarding other influences on the adult"

  Cukooing

#### **Inappropriate Term**

# **Suggested Alternatives**

☑ "Would not cooperate with..."

"Did / Would not engage with services"

This places all the emphasis on the person. We need to think about some of the factors that might make it difficult for a person to engage with services. Including the coercive or controlling behaviour of others, fear, previous negative experiences of services or the inaccessibility of services.

- ☑The person did not feel safe enough to disclose.
- ☑The person fears negative repercussions for disclosure/ engagement.
- ☑The person is being criminally / sexually exploited and / or groomed and therefore is not able to disclose/ engage.
- The person considers the relationship to be consensual however the relationship has been formed in the context of exploitation.
- Services were unable to engage with the individual.
- Services are located in an area the person does not feel safe visiting

THIS GUIDANCE HAS BEEN ADAPTED FROM MATERIALS DEVELOPED BY NWG AND LAWRENCE JORDAN, SOCIAL WORKER, MILTON KEYNES—"APPROPRIATE LANGUAGE: CHILD SEXUAL AND/OR CRIMINAL EXPLOITATION" IN COLLABORATION WITH THE CHILDREN'S SOCIETY, VICTIM SUPPORT AND THE NATIONAL POLICE CHIEFS' COUNCIL