

“When I told them he had hit me again, they asked me what I needed to feel safe”

We should all aim to help Dave stay in control.

"Stock photo. Posed by model."

Safeguarding means listening to you and empowering you to get the outcome you want – it's better to talk to someone sooner rather than later.

If you have a concern or need advice:

**For Shropshire, ring
0345 678 9044**

**For Telford & Wrekin, ring
01952 385385**



Keeping Adults Safe
in Shropshire
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