



The Child Death Overview Panel (CDOP) newsletter is designed to raise awareness of the work of The Telford & Wrekin and Shropshire CDOP. CDOP are part of the Safeguarding Team in Shropshire Community Health NHS Trust. These newsletters are produced to bring news on the CDOP's intended campaigns and to describe recent safeguarding situations with good practice and opportunities for learning highlighted. Staff should read the alerts and take on board the recommendations for future practice.



Safer Sleep Week is The Lullaby Trust's national awareness campaign targeting anyone looking after a baby. It aims to raise awareness of sudden infant death syndrome (SIDS) and the safer sleep advice that reduces the risk of it occurring. The theme for this year's Safer Sleep Week campaign is the safest place. Babies' airways are vulnerable, particularly in the first few months of life, so it is important that parents and carers are aware of this and the actions they can take to protect them. The simplest way to do this is by sleeping a baby on their back on a firm, flat surface with no padded or cushioned areas. This will help to keep their airways open and reduce the risk of suffocation and SIDS. A cot, Moses' basket, bassinet, carry cot or crib all fulfill these criteria.

There are a number of baby products on the market which are not suitable for babies to sleep in, even some of which are designed for this purpose. Lullaby Trust aim to empower parents with the knowledge to make informed choices about their baby's sleeping place and understand why some of these products are not suitable for baby's sleep and aim to avoid them. Parents need to be confident about choosing a safer sleep space for their baby.

[How to reduce the risk of SIDS for your baby - The Lullaby Trust](#)



[Safer Sleep Week – 11th to 17th March 2024](#)

It's #SaferSleepWeek, the annual awareness campaign around reducing sudden infant death syndrome (also known as SIDS). CDOP are proud to support @lullabytrust as they discuss the subject of 'the safest place'. Tap here to read more:

<https://www.lullabytrust.org.uk/about-us/safer-sleep-week/>

[Airway advice](#)

A baby's airway or breathing tube can easily block, narrow or fold, making it difficult for them to breathe. It's #SaferSleepWeek over at @lullabytrust and they're talking about how to create the safest place for a baby to sleep in a way that protects these vulnerable airways and reduces the risk of SIDS and accidents.

