



“I thought my neighbours were caring. They’ve started reading my mail - which feels controlling, but that’s not abuse is it?”

We should all aim to help prevent Adil from being abused.

“Stock photo. Posed by model.”

Safeguarding means acting before the abuse starts or gets worse – it’s better to talk to someone sooner rather than later.

If you have a concern or need advice:

**For Shropshire, ring
0345 678 9044**

**For Telford & Wrekin, ring
01952 385385**



Keeping Adults Safe
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